PROHIBITED PRACTICES

<u>POLICY</u>

Cook's School Day Care Inc endeavours to support positive interactions between children, families, staff and the community.

PROCEDURE

REGARDING ONTARIO REGULATION 137/15

Cook's School Day Care Inc does not permit:

- a. Corporal punishment of the child.
- b. Physical restraint of the child, such as confining the child to a high chair, car seat, stroller or other device for the purposes of discipline or in lieu of supervision, unless the physical restraint is for the purpose of preventing a child from hurting himself, herself or someone else, and is used only as a last resort and only until the risk of injury is no longer imminent.
- c. Locking the exits of the child care centre or home child care premises for the purpose of confining the child, or confining the child in an area or room without adult supervision, unless such confinement occurs during an emergency and is required as part of the licensee's emergency management policies and procedures.
- d. Use of harsh or degrading measures or threats or use of derogatory language directed at or used in the presence of a child that would humiliate, shame or frighten the child or undermine his or her self-respect, dignity or self-worth;
- e. Depriving the child of basic needs including food, drink, shelter, sleep, toilet use, clothing or bedding.
- f. Inflicting any bodily harm on children including making children eat or drink against their will.

INTENT

This provision forbids corporal punishment and other harmful disciplinary practices to protect the emotional and physical well-being of children. These practices are never permitted in a child care centre. Young children benefit from an affirming approach that encourages positive interactions with other children and with adults, rather than from a negative or punitive approach to managing unwanted behaviour.

ADDITIONAL INFORMATION

Rather than setting out practices to be used to manage children's behaviour, licensees are instead required to examine and set out in their program statement how they will support positive interactions between children, families, staff and the community.

Research from diverse fields of study shows that children who attend programs where they experience warm, supportive relationships are happier, less anxious and more motivated to learn than those who do not. Experiencing positive relationships in early childhood also has significant long term impacts on physical and mental health, and success in school and beyond.

How Does Learning Happen provides information on ways adults can engage in positive, responsive interactions and why this is critical for children's overall learning, development, health and well-being.

"ZERO" Tolerance Regarding Adult's Extreme Behaviour

Verbal or physical aggression directed by a parent/guardian/adult to a staff or child care provider of Cook's School Day Care Inc will result in this person being asked to leave the premises immediately. If this request is not followed, the local authorities will be contacted to intervene. Future admittance to the property may be refused. The well-being and safety of all children and the staff are a priority to us and we will not place anyone in jeopardy.

MODIFICATIONS TO THIS OR OTHER POLICIES

Any policy that does not respect and promote the dignity, independence, integration and equal opportunity of people with disabilities will be modified or removed. Our policies are maintained and updated regularly to reflect our practices, employees and best serve our customers.